



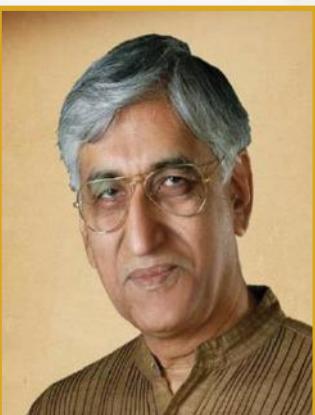
Rajkumar College Junior School Raipur (C.G)

**Manthan**

e-newsletter

5<sup>th</sup> September, '20

Teachers' Day Special (Edition -1)



**MAHARAJA SHRI T. S. SINGH DEO  
OF SARGUJA**

Minister of Panchayat & Rural Development,  
Health & Family Welfare, Medical Education  
20-point programme, Commercial taxes (GST) ,  
Government of Chhattisgarh

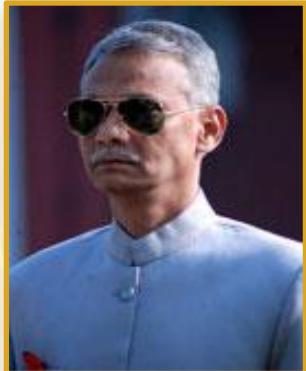
**PRESIDENT, GENERAL COUNCIL,  
RAJKUMAR COLLEGE, RAIPUR (C.G)**

In this Teachers' day special edition of "MANTHON", I wish to talk about "THE TEACHER", the educator behind today's child and youth. Teachers have always been indispensable, they help simplify the complex, expose children to ideas and topics that they might otherwise have not come into contact. A teacher is instrumental in opening the mind of the students to the world beyond course books.

Role of a teacher in society is both significant and valuable, they have a far reaching influence on the society in such a manner that is more profound than anyone else. In today's trying times this role has shifted slightly where the teachers have to impart the exact same knowledge, value system, discipline without actually coming into physical contact with the student. It is so much more difficult now, as they are still the architect of the new generation. This requires more passion, patience and expertise, not only for their subject but also of technology. We need to applaud the teachers of the world for taking up this role with the poise and confidence as no other.

These teachers must have had apprehensions, must have faltered but pushing the insecurity, self-doubt aside, they ventured into this new field without complacency or conceit. Today, the role being even more so difficult, yet remains the same, of finding the need of the student and being able to deliver the same, trying to simulate a classroom environment which will allow students to develop mentally, physically, emotionally, as they would have done otherwise.

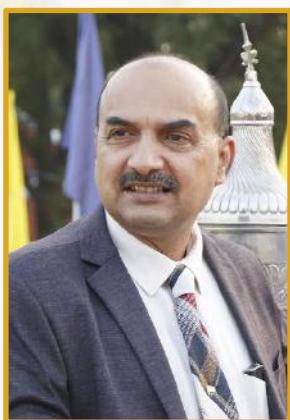
My salutations to the teachers of the world.



**RAJA SHRI TRIBIKRAM CHANDRA DEB**  
**OF BARAMBA**  
CHAIRMAN, GENERAL COUNCIL,  
RAJKUMAR COLLEGE, RAIPUR.

On this Teachers' Day, I feel great pleasure in congratulating all the teachers of the world on the new role they took on without flinching the slightest, thereby providing the students, a possibility for better future. Teachers are facilitators of student learning and creators of tomorrow's citizen. Children need to grow to be an informed member of the society in which they live along with developing the basic social and emotional skills. Today's teacher is facing this very difficult task of inspiring the students with their knowledge and expertise without actually coming in contact with them. The teacher requires a knack to find and cater to the need of students effectively and efficiently. They have to continue in the role of building the personality of the modern citizen by transferring their knowledge, experience and skills all the while facing the challenges that are coming their way. The method of imparting education today may have changed bringing forth more complications for everyone than expected, yet the role of a teacher or guru remains the same, that is transmission of intellectual traditions, technical skills along with equipping the students with empathy to help create a well balanced citizen.

*"It lies largely in its teacher's hand to mould the mind of the child who is the father of man"* - Madan Mohan Malaviya



*"Teacher, friend, philosopher, guide, mentor, parent, facilitator"*

Today, in times of home schooling and online learning, the methods have changed but the role of the teachers still remains the same; provide quality education to facilitate student learning. Moreover, the teachers constantly monitor the well-being and mental health of the students and therefore understanding the student psychology and motivating the student is the ultimate challenge of the teachers. Thus, teachers have to work extremely hard to discharge this onerous responsibility and we have to acknowledge and be aware of the tremendous stress levels that these neglected teachers are subjected to !

The present pandemic has shifted the Goal Post of School activity, as suddenly from the comfort zone of the traditional class rooms, teachers have had to graduate on to smart phones, tabs and laptops. The teacher of today was pushed to the front line of the cyber world without any prior warning. The role of the teacher however still remains the same, that of a facilitator to process learning for the students. Now with these online classes, teacher faces the tough challenge of delivering structured material to engage and allow students to develop high order thinking skills from behind a screen !

School's readiness for this online teaching is critical and the teachers are at various stages , evolving to come up with innovative ideas to optimally use the changing technology to facilitate learning. To sum up, I would like to impress upon everybody that the teachers job is extremely tough and perhaps more demanding in the online environment when compared to the traditional class room teaching. However, most of us fail to acknowledge this. In relation to our harassed and beleaguered teachers, I am reminded of the famous lines by Thomas Gray in his famous verse '**Elegy Written In A Country Churchyard**'

*"Full many a gem of purest ray serene,  
The dark unfathomed caves of ocean bear:  
Full many a flower is born to blush unseen,  
And waste its sweetness on the desert air"*

To sum up, it is of paramount importance that in this virtual classroom environment the teacher and parents face the challenges thrown upon them together and synergize to ensure that the child receives education in an appropriate environment. Lastly, on this teachers day , I would like to place on record that the RKC Junior School teachers have lived up to all the challenges in fulfilling their academic responsibility and deserve the combined gratitude and accolades of the management, hierarchy and parents.

**Lt. Col. Avinash Singh**  
**Principal**



We had just finished our Annual Exams and the students were off for a short Holi break. They left the school in a flurry of rangoli colours flying in the air. There was a hustle and bustle everywhere and we teachers were looking forward to a fortnight of a quiet break. Little did we know, standing there, waving at the little ones go by that this fortnight break would turn into a very long journey for everyone.

Pandemic was declared world over. Schools, Offices, Markets, Transport all came to a standstill. Time went by lulling us with a false sense of hope, but we could not see the dawn of light anywhere in the near future. The school administration realizing this sprang into action in the month of April taking the bull by the horns. Technology was introduced; to and fro discussion of which platform would be suitable and most effective to ensure student learning became paramount.

All teachers were brought into the foray, some young, some on the verge of retirement. All intimidated by technology. With scant regards to the heat, their own well-being, they trudged forward, faltered, hesitated but never capitulated. The school took on this herculean task of training one and all. Preparing the hardware and good internet connectivity was another issue. This was merely the beginning, planning and constructing online assessments, evaluating students is going to be another.

This often-neglected group -Teachers, persevered on without vacillating. Teaching was the easy part here. The use of technology to conduct classes and ensure discipline in these virtual classrooms became another aspect. Our greatest apprehension being how to ensure that our pre-primary and primary school students received the maximum benefit with minimal adverse effect. How to hold the child's attention? What length of class will be appropriate? They are so young. Will this mode of teaching be effective? How to ensure this?

Doing endless research and developing strategies to keep these young students engaged, teachers are constantly trying to simulate a school like environment by conducting activities like elocution, fancy dress, music, art etc.

At this very crucial juncture Parents and Teachers need to come together as home schooling and online learning is the need of the hour for the learning and well-being of the student.

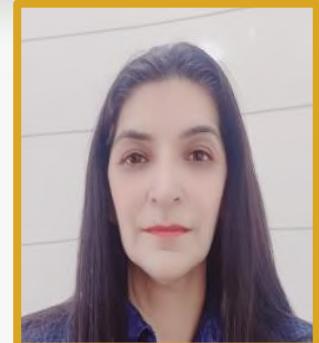
We all are faced with a plethora of challenges daily but we Teachers and Parents have one common goal that is to provide quality education during these difficult times for the skill development, literacy and numeracy, high order cognitive skills and social and emotional skills. Children always went to school, now the child is at home and so is the teacher. Whether we like it or not it has no meaning. A new equilibrium is the need of the hour.

Teachers and school administration require the support and partnership of parents to achieve this. In an opposite scenario anarchy would prevail. Guru and shishya is an age-old trend which can never change as we are students all our lives and yet we are guiding someone somewhere. On this note I would like to pay tribute to all the Gurus of the world and wish a certitude and tenacity as an ever-present characteristic in them so that they never give up on anyone.

**Ms. Chitwan Singh**

**Head Mistress, Junior School**





Ratna Majithia  
Class Teacher Nursery



Parmeshwari Devi  
Class Teacher Blueberry



Prabhjyot Kaur Bhatia  
Class Teacher KG 1 A



Varsha Baghel  
Class Teacher KG 1 B





## To all my students...

"Good morning, Ma'am"- with a beautiful smile,  
Missing my children, it's been a while.

Missing those special tiffins,  
Which had my favourite muffins.

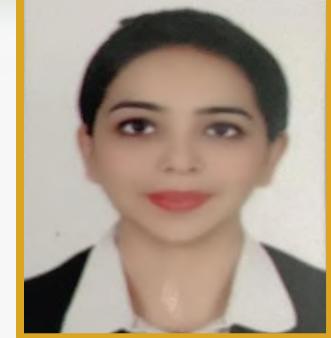
Missing those amazed faces,  
While giving them tricky mazes.

Missing those giggles,  
When their friends could not answer riddles.

They blushed, and looked more fresh than flowers,  
Meeting them is like getting superpower.

While entering into the class, seeing their excitement,  
Made my days more lightened.

Missing those special days,  
When my children hugged me and wished "Teacher's Day".



**Dhara Dutta**  
Class Teacher KG 1 C  
EVS Teacher Class 1 G



**Kritika Saxena**  
Class Teacher KG 1 D

## Thoughts

The grass is green,  
the building is red,  
the clock tower and it's bell..  
waiting every day for the buzzing energy of the youth  
the pages of the textbook,  
the tables & the chairs,  
the upward going stairs, the garden, the rabbits,  
the discussions in the staffroom, the laughs in the corridors..  
the teachings in a class, the trainings of the music class,  
the action of sports and the sweat, the nature walks,  
the cultural fests, the craft on the charts  
and messy hands filled with art.....  
these have all become the happiness of the past!

*But we will Meet soon, not only on Teams...*

but in person - without fear of anything!

Our faces will be smiling and our paths will cross again...

at our own RKC...

where the grass is green and the building is red!



**Reshalika Dawar**  
Class Teacher KG II A  
Maths Teacher Class 1 A



## Paneer Di Soti Boti Recipe



**Simran Kaur**  
Class Teacher KG II B  
EVS Teacher 1 A

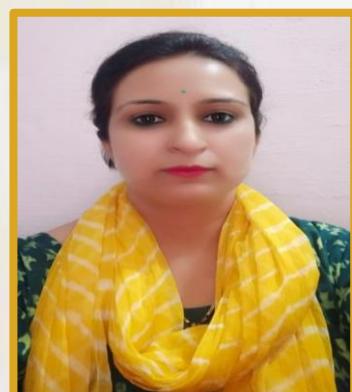
### Ingredients :

200-250 grams Cottage Cheese or Paneer, cut into  $\frac{1}{2}$  inch cubes  
 1 large onion, chop it into small pieces  
 1 large tomato, chop it into small pieces  
 1 large capsicum, cut into  $\frac{1}{2}$  inch squares  
 1 cup gram flour (besan)  
 $\frac{1}{2}$  tablespoon red chilli powder  
 $\frac{1}{2}$  teaspoon chaat masala  
 $\frac{1}{2}$  tablespoon ginger paste  
 $\frac{1}{2}$  tablespoon garlic paste  
 Salt to taste

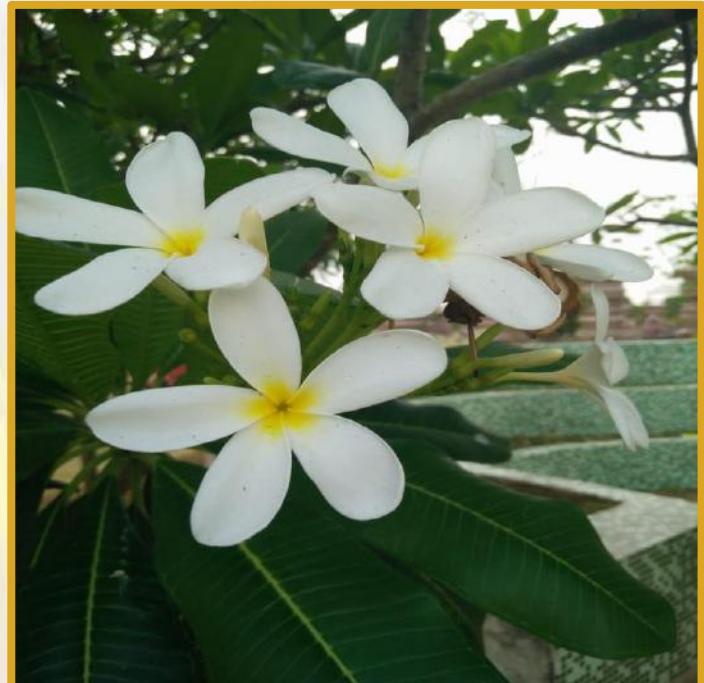
### Method:

**Step 1:** Aline paneer and vegetables onto the satay sticks in the following order: onion, paneer, tomato, capsicum, paneer and onion. Mix together gram flour, salt, red chilli powder, chaat masala, ginger and garlic paste in a bowl.  
**Step 2:** Add half cup of water and mix. Add yogurt and mix again till the batter turns smooth.. Heat oil in a kadai.  
**Step 3:** Dip the sticks in gram flour batter and deep-fry in moderately hot oil till golden and crisp. Dry excess oil on an absorbent paper.  
 \*Serve hot with chutney or ketchup.

ਗੁਰਬ੍ਰਾਹਮਾ , ਗੁਰਵਿ਷ਣੁ , ਗੁਰੁਦੁਰਵੋ ਮਹੇਸ਼ਵਰ: |  
 ਗੁਰਸਾਕਾਤ् ਪਰਬ੍ਰਾਹਮ , ਤਸਮੈ ਸ਼੍ਰੀ ਗੁਰਵੇ ਨਮ:||



**Tanu Thakur**  
Class Teacher KG II C





**Nandita Singh**  
Class Teacher KG II D  
EVS Teacher 1 F



**Jaishree Nishad**  
Class Teacher KG II E  
EVS Teacher 1 E & Computer 5



## PEANUT BUTTER COOKIES

### INGREDIENTS:



150 gms - butter , 1/2 tsp – vanilla essence, 1/2 tsp – grated lemon rind, 1/3 tsp- sugar, 1/3 tsp- brown sugar, 1/3 cup- peanut butter, 1/2 cup- flour, 1 tsp- baking soda, a pinch of salt...

**Ena Mukherjee**  
Class Teacher KG II F  
English & EVS Teacher 1 D

### METHOD:

1. Cream the butter, vanilla, lemon rind, sugar (white and brown) and peanut butter. Sieve the flour, baking soda and salt together.
2. Add the flour mixture to the creamed mixture and stir to form a stiff dough. If necessary, use your hands.
3. Make small balls and place a greased oven tray.
4. Press cookies down with a potato masher or with a fork, first crosswise and then lengthwise. Bake in a moderate oven(180\*C) for 15 mins.
5. When the cookies are done, release them from the oven trays, and allow to cool.

Makes about 25.



## बचपन और टैगोर हाउस

प्यारे बच्चों, आज भी जब मैं इस गीत को सुनती हूँ, तो मन आनंदित हो जाता है। बचपन आप सबके जीवन का सबसे मज़ेदार और मिठास से भरा हुआ समय है। हर इंसान अपने बचपन को फिर से जीना चाहता है। यही वह समय होता है, जो आपके भविष्य को आकार देता है। जैसे-जैसे आप बड़े होते हैं, आपको अपने बचपन के प्रति अधिक लगाव महसूस होता है, फिर एक समय वह आता है, जब आप सब जिंदगी में आगे बढ़ने, कुछ बनने, कुछ करने की चाह में व्यस्त हो जाते हैं।

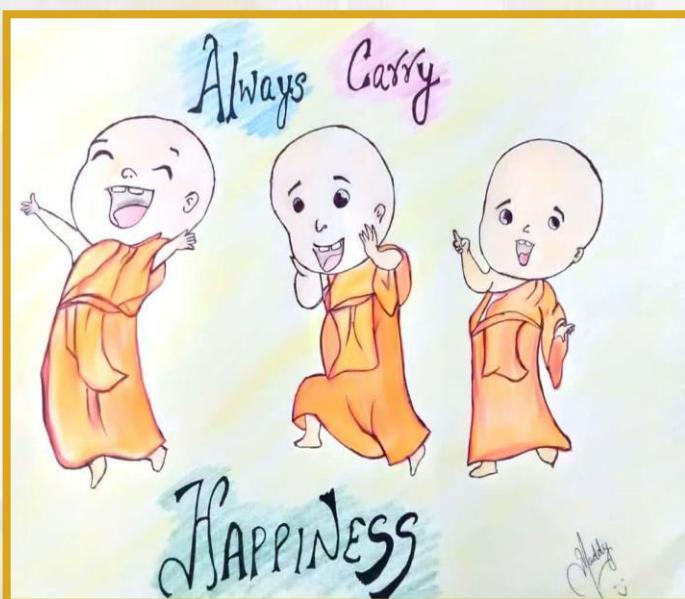


Neetu Rai  
Class Teacher 1 A  
Hindi Teacher 1 B, E & F

आपके जीवन में बहुत सारे उतार-चढ़ाव व बदलाव आते हैं जो कि समय के साथ जरूरी भी है। उसके बाद आपके जीवन में वह समय आता है जब आप सब टैगोर हाउस आते हैं और अपनी वह सब पुरानी बातें याद करते हैं तो आपके अंदर का वह छोटा बच्चा फिर से मचल उठता है। उस समय मुझे भी बहुत खुशी का अनुभव होता है कि मैं राजकुमार कॉलेज के उस भाग का हिस्सा हूँ, जहां आप सब की अनमोल यादें बसती हैं। जहाँ आकर आप सबकी आँखों की चमक बढ़ जाती है। आप सब जब भी टैगोर हाउस आते हैं, तो मन इस बात की खुशी से झूम जाता है कि मैं आप सब की सुनहरी यादों और टैगोर हाउस का हिस्सा हूँ।



Priscilla Barren  
Class Teacher 1 B  
Maths Teacher 1 D



Madhu Rajput  
Class Teacher 1 C



## MY ROLE MODEL

I adore my mother,  
She is my inspiration.  
You can see her reflection in me,  
She taught me how to win this world,  
With strength and generosity.  
There is so much to say about her,  
To be a woman and be persistent in different circumstances.  
She is my motivation and I am proud to be her daughter,  
and my role model for how I should be in my life and to my children.



Alfiya Sheikh  
Class Teacher 1 D  
Hindi Teacher KG 2 F, 1 G & C



Roli Ugra  
Class Teacher 1 E  
EVS Teacher 1 B

## हिम्मत

कभी ना मानो हार,  
हर जंग के लिए रहो तैयार।  
जीत मिले या हार मिले,  
बच्चों, हँस कर करें स्वीकार।  
जीवन का यही है खेल,  
कोई पास तो कोई फेल।  
हिम्मत कभी न हारे वो वीर,  
सँवारता है जो अपनी तकदीर।  
यही है इस जीवन का मंत्र,  
उड़ता रहूँ गगन में स्वतंत्र।



Mamta Singh  
Class Teacher 1 F

रंगों का है मौखिक दृश्या,  
चारों तरफ है शौर मचाया,  
सब ने मिलकर खूब पकाया,  
हमने खाया, तुमने खाया,  
गले लगकर रो लगाया,  
फाग का गीत हम स्वेच्छा गाया,  
होली का द्योहार है आया,  
होली का द्योहार है आया !



## Glow of a star

The night sky is full of bright stars. Stars are celestial bodies. Their blaze is beyond the extent of the power of perception by humans. They can turn you blind with their luminescence, but they won't. They can burn cities and destroy nature with the blink of an eye. They have power but they do not boast about themselves. They bring in the ray of hope. Even in the dark night sky, they twinkle. The brightest star in the Earth's sky is so bright that you might see glints of different colours radiating from it. Be a happy and an extraordinary star, bear with those in the dark, but keep shining your light.

Vandana Daniel  
Class Teacher 1 G  
English Teacher 1 A



**“What matters in this life more than winning for ourselves, is helping others win.”**

**-APJ Abdul Kalam**

## Healthy Canapes Chaat



### Ingredients :-

Canapes 8-10,  
4 boiled mashed potatoes,  
1/2 cup chopped tomato,  
1/2 cup chopped cucumber,  
1/2 cup chopped onions,  
1/4 cup sweet corn ,  
1/2 spoon chaat masala,  
1/2 spoon cumin powder ,  
few drops of lemon juice ,  
tamarind paste or imlee pichku,  
curd, some green coriander leaves .  
salt to taste



Ratna Prabha Verma  
Tagore House

### Method

Take a bowl and mix the ingredients - mashed potatoes, onion, cucumber, tomato , sweetcorn , chaat masala, salt and lemon juice. Now take canape cups and fill them with the stuffing, then put some curd, tamarind or imlee pichku, sev and coriander leaves as toppings. Our tasty and healthy canapes are ready to eat.



Jyoti Mishra  
Art & Craft Teacher  
KG 2 (A-F) , 1 A, B, D & E



**Priyanka Sharma**  
Art & Craft Teacher  
KG 1 (A-D) , 1 C, F & G

### Cloud

What is fluffy?  
What is white?  
What can you see  
When skies are bright?  
What can float?  
What brings rain?  
What may be higher  
Than a bird or plane?  
Say it out loud:  
Cloud !!



**Bijaya Laxmi Rao**  
Computer Teacher  
Class 1 & 2



**Subhashini Dev Burman**  
Computer Teacher  
Class 1



**Dharmendra Singh**  
Music Teacher  
KG 1 (A-D) KG 2 (A-F)

**रिमझिम रिमझिम पानी बरसे  
आओ बच्चों झूमे नाचे - 2  
सा रे ग म गीत हम गायें  
सरगम से हम गीत सजाएँ  
रिमझिम रिमझिम पानी बरसे  
आओ बच्चों झूमे नाचे - 2**



**Nidhi Tiwari**  
Music Teacher  
Class 1 A - G

.....जीवन एक संगीत .....  
सरगम, सुर संगीत सुहावन ।  
जन -जीवन बने मनभावन । ।  
बिन संगीत जीवन निष्प्राण ।  
ओजमयी स्वर जीवन तान ॥  
सप्तक, कुंजियाँ पवित्र महान ।  
धन्य संगीतज विद्वान् गुणखान ॥  
माँ सरस्वती का है वरदान ।  
भारत भूमि की अमिट है शान ॥

## Towards 'The New Normal'

Through this article, I would like to share a few tips with you to how to deal with children, so that they remain emotionally sound, focus and creative.

- 1) Always maintain eye contact during a conversation with children to get their full attention.
- 2) Listen to them carefully and solve their problems.
- 3) Guide them well before a task.
- 4) Never compare them with anyone.
- 5) Praise but do not pamper them.
- 6) Don't make false promises. Always fulfil your promises when you make them.
- 7) Be a great role model for your children. Behave in the same way you would expect them to behave.
- 8) Be sensitive to their emotions. Communicate politely.
- 9) Spend quality time with them and play some brainstorming games. Discuss with them freely.
- 10) To avoid TV or mobile adaptation try to keep them busy in some creative activities to divert their attention.
- 11) The family should have at least one meal of the day together. Gadgets should not be used on the dining table.
- 12) Never tease or make fun of them.
- 13) Respect children's identity.
- 14) Don't pressurize children to sit for long to study. It may make them lose interest in studies. Give them suitable breaks in between.
- 15) Interpersonal disputes, conflicts, and arguments of elders should never be displayed in front of the child.
- 16) Give them some moral education related to day to day life events in practice.
- 17) Try to be logical with them.
- 18) Never use fear to make your child do something. It could lead to phobias and emotional imbalances later in life.
- 19) If they have poor handwriting then you should check the following things:
  - \*The position and grip of the pencil.
  - \* The right amount of pressure to be used while writing.
  - \* The position of the notebook should be a little bit tilted in a comfortable position.
- 20) Bridging the gap in communication is essential for effective parenting.

If I can be of assistance, please do not hesitate to contact me through the class teacher.



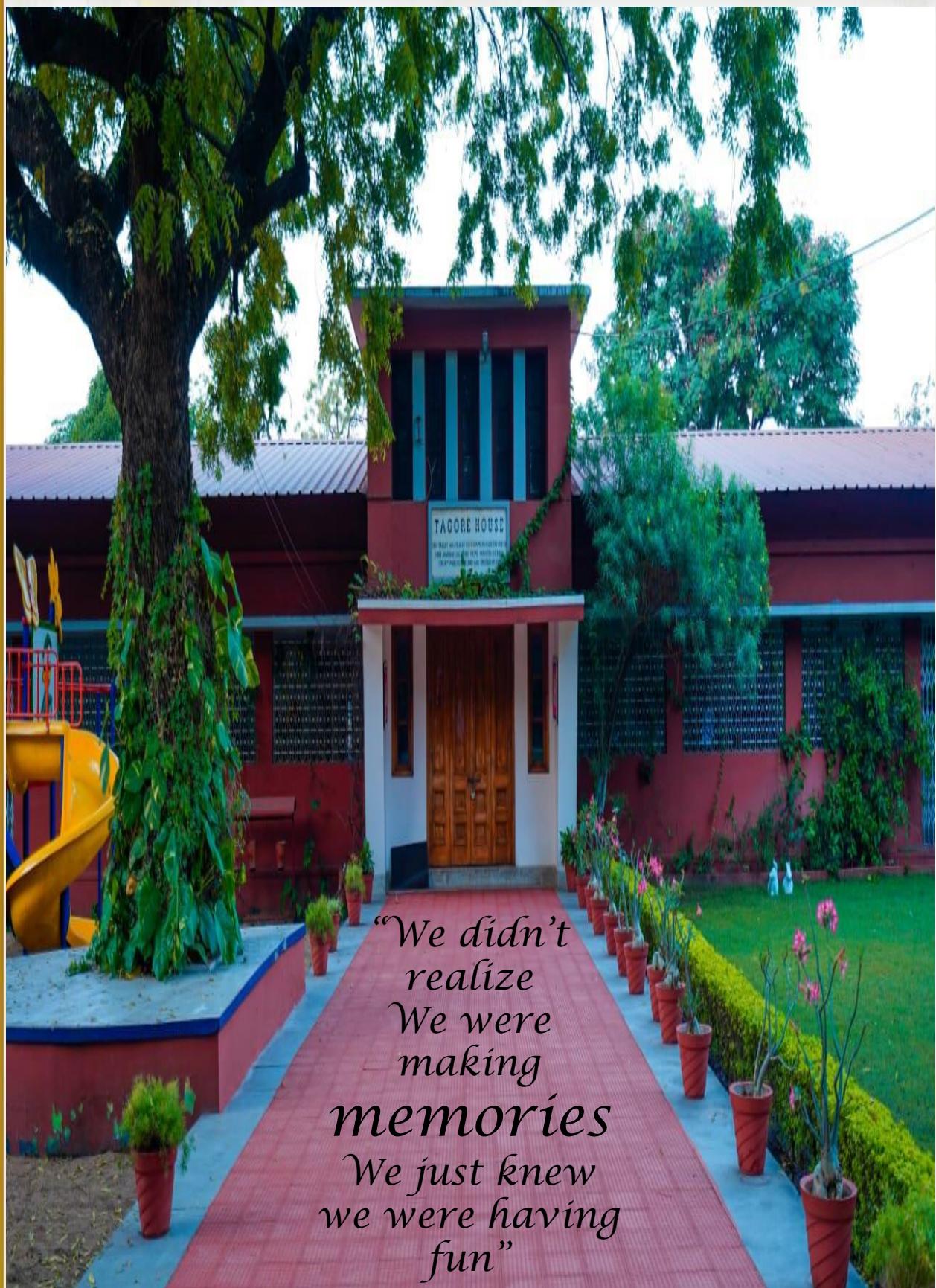
**Sudha Bharti**  
Counsellor

विद्वत्वं च नृपत्वं च नैव तुल्यं कदाचन् ।  
स्वदेशे पूज्यते राजा विद्वान् सर्वत्र पूज्यते ॥



*No one knows how hard they work, how many hours they put in, always behind the scenes, with a heart full of love, an ear ready to listen, a hand willing to help. We could not possibly function without them as they are the backbone of this Institution*





*“We didn’t  
realize  
We were  
making  
memories  
We just knew  
we were having  
fun”*

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