



Manthan

e-news letter

4th Edition
1st October, 2025



Embracing Kindness and Digital Well-Being

Dear Children,

Every day, when I see you walking into school with your cheerful faces and bright eyes, I am reminded of how important kindness is in our lives.

Kindness is not something big or difficult; it can be as simple as sharing your tiffin with a friend, helping someone who has dropped their books, or saying “thank you” to the people who take care of you. These little acts make our school and our world a happier place.

These little acts make our school and our world a happier place. At the same time, we are living in an age where phones, tablets, and computers are all around us. They are wonderful tools that help us learn, play, and discover new things. But sometimes, we forget to look up from our screens and notice the people around us. Digital well-being means finding the right balance—using technology for learning and fun, but also giving time to our family, friends, hobbies, and the world outside. Running in the playground, drawing, reading a storybook, or just talking to your parents at dinner are also important for a happy mind and heart.

So, let us all promise ourselves to be kinder each day and to use technology wisely. Together, we can make our school a place where everyone feels loved, supported and joyful.

Ms. Chitwan Singh
Headmistress



4th Edition
1st October, 2025



Seerat Bahal
Class I A



Advik Agrawal
Class I B

Importance of Education for Women

Education means learning new things. Just like boys, girls also have the right to study.

When girls attend school, they become smarter, more confident, and stronger.

An educated woman can take better care of her family. She knows how to keep her home clean, healthy, and happy. She can also help her children with their studies and teach them good manners.

If women are educated, they can work in offices, hospitals, or schools. This helps them earn money and support their families. An educated woman is respected everywhere because people know she has knowledge.

When women are educated, the whole country grows. They can make good decisions, help solve problems, and guide others. A country where girls do not study cannot move forward.

Education also gives women courage. They are not afraid to tell the truth and can stand up for what is right. They also inspire other girls to go to school.

So, we must always remember: If you educate a girl, you educate a whole family.

Education for women is the key to a bright and beautiful future.

Dhiyansi Goel

Class III C



4th Edition
1st October, 2025



Dev Mittal
Class I B



Abhiroop Chandra Deo
KG I B



Shreya Agrawal
Class V D



Dharvik Naik
Class II C



M. Devansh
KG I A



Parth Patel
KG I A

स्वच्छता का महत्व

स्वच्छता हमारे जीवन में बहुत आवश्यक है। यदि हम स्वच्छ रहेंगे तो बीमारियों से बचे रहेंगे। घर, विद्यालय और आसपास का वातावरण साफ़ रखना हमारा कर्तव्य है। स्वच्छता से मन भी प्रसन्न रहता है और समाज भी सुंदर बनता है। हमें हमेशा "स्वच्छ भारत, स्वस्थ भारत" का संकल्प लेना चाहिए। स्वच्छता से व्यक्ति का व्यक्तित्व निखरता है और वह समाज में सम्मान पाता है। इसीलिए हमें अपने घर, विद्यालय और देश को हमेशा साफ़-सुथरा रखना चाहिए।

मोक्ष गुप्ता
कक्षा V B



Harshita Mukherjee
Nursery



Prishi Chawda
Class II E



Raahil Jain
Class II E



4th Edition
1st October, 2025



*Hemang Sahu
KG I C*



*Shaurya Agarwal
KG I D*



*Shrinika Agrawal
KG I C*



*Aryanshi Singh
KGI B*



*Dhanika Bafna
KG I D*

The 15th August Program

The 15th August Program is a time to reflect on the history of India. Indians had eagerly awaited the country's Independence for many years.

The performance showed how proud Indians are of their freedom. Through this program, we learn, connect with others, and celebrate together.

We also learned new things about the Kargil War, which added to our understanding of India's history and the bravery of our soldiers.

It was a truly wonderful experience.

**Viaan Sundrani
Class V G**



*Rishaan Agrawal
Class I B*



*Krishna Jain
Class I B*

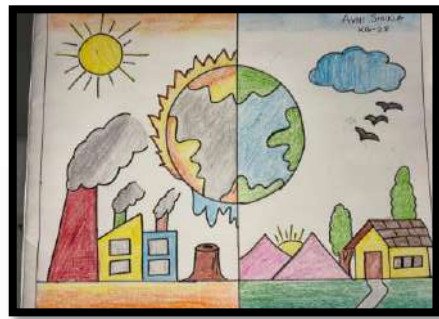


*Ira Bajaj
Class I B*

4th Edition
1st October, 2025



Ritvi Bardia
Class I B



Avni Shukla
KG II F

गन्नू बप्पा

पार्वती नंदन, शिव के दुलारे,
वो हैं कैलाश वासियों के आँखों के तारे ।
एकदंत भी हैं, लंबोदर भी हैं,
विघ्नहर्ता भी हैं, गजानन भी हैं ।
हर रूप में वो लगते हैं सुंदर,
हाथ में लड्डू लिए कितने लगते हैं प्यारे,
मूषक है वाहन उनका, रिद्धि सिद्धि के
स्वामी हैं,
शास्त्रों के परम ज्ञाता हैं वो,
देवताओं में अग्रगामी हैं ।
दस दिन विराजते सबके घर,
सबको धन्य कर जाते हैं,
विसर्जन जब होता उनका,
फिर खूब हमें रुलाते हैं ।
उनका जाना, फिर उनके लौट के आने का ही
तो संकेत है,
सुखकर्ता, दुखहर्ता वो भगवान श्री गणेश
कहलाते हैं ।

सुहावी शर्मा
कक्षा IV E

My favourite teacher

There are many teachers in my school,
but my favourite teacher is my class
teacher. She teaches us English. She is
very friendly and caring. She is very
sweet and she never scolds us. She is
very beautiful and has very long hair. She
is very intelligent. She is very patient and
always listens to all of us. She loves me
very much and everybody loves her too.

Shanaya Agrawal
Class I B



Shreshth Yadav
Cherry



MY BEST FRIEND

My best friend is tall
He always falls.
He calls me funny
and I call him Sunny.
He jumps like a Monkey,
He makes faces like a donkey.
He runs like a rabbit,
Eats like a bandit
We share our toys, as
We are the best boys.

Jiyansh Golcha

Class I C

मॉडर्न गणेश आरती

सुख करता दुख हरता, सुन लो ये विनती,
समस्या की न हो पाए गिनती ।
स्मार्ट फ़ोन एडिक्शन से पाने को देवा,
हमको दे दो थोड़ी शक्ति ।
जय देव , जय देव ।
कचरा ही कचरा करते जाते हैं,
कुदरत का बलिदान देते जाते हैं ।
मुश्किल है रहना और ये सब सहना,
इससे बढ़के देवा तुमसे क्या कहना ।
जय देव , जय देव ।
पीने का पानी बहता है ऐसे,
कल आवश्यकता न हो जैसे ।
कोई भूखा है तो हमको क्या चिंता ?
खाना फेके जाए, कोई न सुनता ।
जय देव , जय देव ॥

शावी जैन
कक्षा IV F



Vanshil Agrawal
Nursery



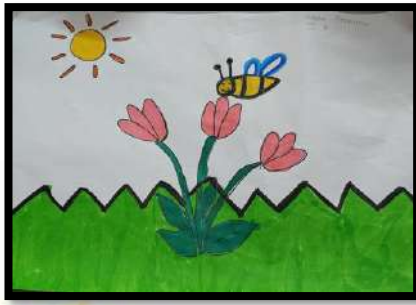
Anayra Mishra
KG I A



Siya Malang
KG II E



4th Edition
1st October, 2025



Aarna Agrawal
Class II A



Hardit Singh Juneja
Class IV C

Ganesh Chaturthi

Ganesh Chaturthi is one of the most popular and important festivals celebrated in India. Lord Ganesha, the son of Goddess Parvati and Lord Shiva, is worshipped as the remover of obstacles and the god of wisdom and knowledge.

This festival is usually celebrated in the months of August or September. People make idols of Lord Ganesha using clay and then paint them beautifully. In many schools, children also make small idols of Lord Ganesha as part of the celebration. Streets are decorated, and large idols of Ganesha are placed in public pandals (temporary stages). People also decorate their homes and societies with joy and enthusiasm.

Devotees perform aarti of Lord Ganesha every morning and evening. The festival lasts for ten or eleven days. People are filled with happiness and excitement while celebrating. On the last day of Ganesh Chaturthi, the idols are taken to rivers or seas for immersion, known as Visarjan. This is done with loud music, dancing, and colourful processions. While everyone enjoys the celebration, many people also feel emotional during the farewell. It is believed that during Visarjan, Lord Ganesha returns to his parents on Mount Kailash.

Ganesh Chaturthi is a festival that spreads happiness, strengthens family bonds, and brings communities together.

Ananya Agrawal
Class V G



4th Edition

1st October, 2025

Zero

What is zero?

Zero is a powerful number. It represents both nothing and everything. Just imagine a world without zero — no, we cannot!

India has given zero to the world. Aryabhatta, an Indian mathematician, is known as the founder of zero. In Hindi, zero is referred to as "shunya".

Swami Vivekananda gave a famous speech in Chicago, and though it was not specifically about zero, his words inspired many about India's contributions to the world.

Zero is the king of numbers. It is shaped like an oval. We cannot even play games without zero — just think of scores, time, or points!

Zero is an important part of Bhartiya Sanskriti (Indian culture). I am very proud that zero was given to the world by my India.

Kiaan Kothari

Class II C



*Anikha Mishra
Class I C*



*Radhya Singhal
Class V G*



*Gurdit Singh Juneja
Class IV C*



*Saahas Agrawal
Class I B*



*Shanaya Agrawal
Class I B*



*Shrimayee Singh Deo
Class I G*



WHIZ KIDZ

4th Edition
1st October, 2025



Prisha Saini of Class I C won six prizes in various forms of dance, including Western Dance, Semi-Classical Dance, and Folk Dance, under the Sub Junior Category in the month of August.



Anushka Sultania of Class II D got an award in Kathak dance.



Eshabh Surana of Class V E won the State-level tournament under 11 in Squash.



Anikha Mishra of Class I C won 1st prize in duet, 2nd prize in classical vocal (raag Bhairav), and a consolation prize in Bollywood karaoke (Shiv Tandav).



Riyansh Kedia of Class IV E got 3rd prize in dance.



Niyara Kujur of Class II C got a prize in dance.



WHIZ KIDZ

4th Edition
1st October, 2025



Kartik Jain of Class 1 D won in the Brain Chess Tournament.

Anwika Agrawal of Class V G won the doubles under-11 category badminton tournament and came second in the singles under-11 category badminton tournament.



Atharv Verma of Class V B won in the State Taekwondo championship.

Prisha Singh of Class II C won third place in the sub-junior category in folk dance.



Viaana Khetan of Class III A won first place in the sub-junior category in dance.



Elocution is the art of reciting poems; it's the spark that makes our words dance! Clear pronunciation, voice modulation, and expressive pauses turn simple poems into memorable moments. It helps build confidence and appreciation for the immense creativity of the art form of poetry. Unlike other forms of public speaking, elocution solely depends on the modulation of tone and pace of the voice. For me, elocution is a chance to get over stage fright and shine in front of my peers and mentors. A well-delivered elocution can unlock doors of leadership and friendship ..

Arjun Verma
Class V G

मैं आज आपके समक्ष हिंदी
काव्य पाठ का अपना अनुभव
साझा कर रही हूँ। काव्य पाठ
में भाग लेने से मेरे
आत्मविश्वास में वृद्धि हुई।
मैंने विभिन्न कवियों और
उनकी कविताओं के बारे में
जाना। मैंने नए शब्दों का
ज्ञान प्राप्त किया और दर्शकों
के साथ जुड़ने का अवसर
मिला।
दिया अग्रवाल
कक्षा पाँचवीं ब

Elocution is the art of formal and effective public speaking. It emphasises clear and distinct pronunciation. We have to have the correct body language, gesture, grammar, style, and inflexion and we need confidence for it.

Maisha Agrawal
Class V G

ELOCUTION



Elocution helps us get over our stage fright. We improve our pronunciation, communication skills, grammar, voice modulation and clarity.

Anayah Khetan
Class V G





This year, RKC celebrated the event with great enthusiasm. The event began with an address from Principal Lt. Col. Avinash Singh, followed by a ceremony where students from Class 12 facilitated each teacher. Additionally, faculty members from various disciplines showcased spectacular performances, which the boarder students looked forward to.

