



3rd Edition
1st October, '22

Manthan

e-newsletter





Dussehra, fundamentally celebrates the victory of good over evil. Most of us hold the belief that Ravana was nefarious but in fact he was highly knowledgeable and an intelligent individual. His folly was that he allowed his emotions to rule over his ego and this led to his annihilation. Pride / ego has been mentioned in ancient Greek teachings as one of the seven deadly sins along with envy

greed, gluttony, lust, sloth and wrath. Real intelligence can never be achieved until one can control their ego. Our emotional intelligence is more important than any other. If we are able to understand how the emotions of our ego rule us, we will be able to control our ego and thereby lead a content and successful life. Anything built with ego, as a foundation, is like a house of cards, unstable with a false support and the preposterous notion that we are the center of universe, will come crashing down around us.

Feeding our ego becomes a priority in our life. Our survival becomes dependent on our self esteem based on the money, possession, fame that we have. These get entangled by our ego's desire and this becomes the main focus in our lives and choices. When we allow ego to come to the forefront, it leads us slowly but steadily towards failure. However intelligent, educated a person might be, as was Ravana, it will be the end of him/her. Ego is a bottomless pit, which requires to be fed all the time. When it achieves one thing, it shifts its focus elsewhere. There is never enough to satisfy the unrealistic demands of ego. It is only when we understand that we are just a speck in this vast universe and put our ego aside to work as a whole that real intelligence begins.

There is nothing wrong in ambition and self confidence but ego makes a person selfish and arrogant. When they begin to think they can do no wrong then their ego damages not only them but also those close to them. There is a sense of entitlement and control that ego allows to flourish within you and logical reasoning gets discarded. This drives away people, as Ravana's brother Vibhishana left his side and brought about the downfall of the empire.

Ego in any form leads to failure of man. Respect on the other hand increases manifold as it spreads. Intelligence with ego leads to ruin but respect leads to success. We are all susceptible to our ego being fed in the moment of success but the trick is to be grounded and not allow it to go to the head.

So we have to go on a path opposite of 'hubris'.

Humility, empathy, self awareness, relationship management along with self discipline is the path chosen by few but those who do are assured of a favourable life. We should take time to assess what we do, control our temperament, empathize and improve our relationships.

Any position of leadership is as such more of a subservient role, that of humility and empathy, as we place our ego aside and learn to respect others, the more successful we get.

Another major step towards eliminating ego is acknowledging that we could be 'wrong'. This can only come to the humble, with humility we do away with our ego, thereby paving a path towards better relationships and thus achieving success, money and fame but with the blessings of others.

In conclusion I would like to wish you all in humility, happiness and success in all your endeavours.



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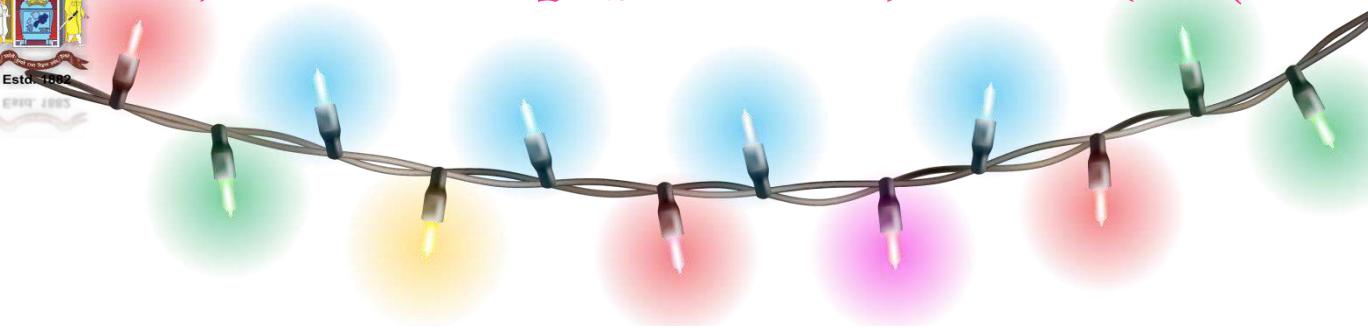
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TALE REUEL KUMAR, CHERRY



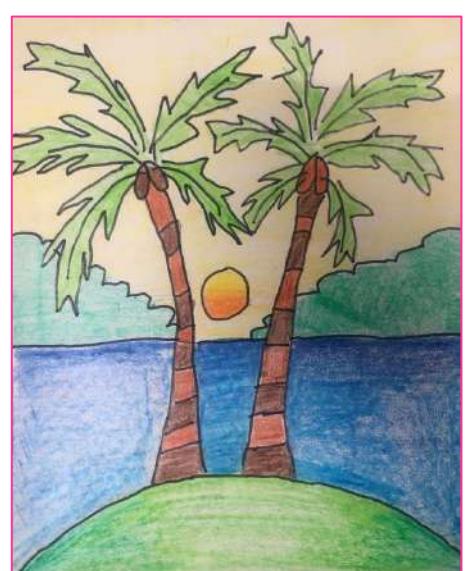
SANVI PARTANI, CLASS I A



ADVIK GOEL, KGII D



PRASHRABDHI
NAGARJUN, KG II E



SHANKH MUKIM, CLASS II G

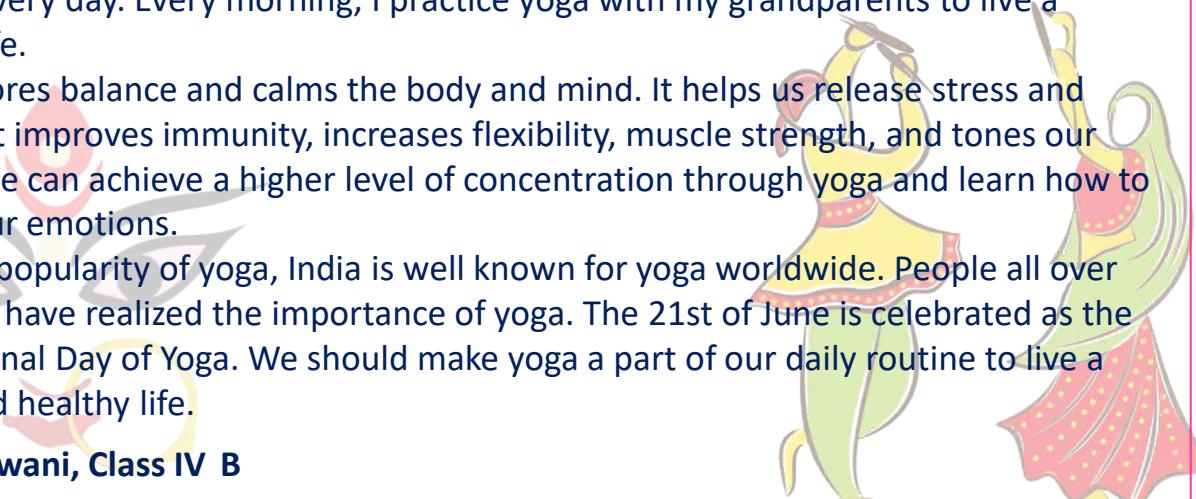
Yoga and Me

My name is Ruben Aswani. I am studying in class 4. I remember practicing yoga for the first time in my yoga class. It was only for 10 minutes, but it felt so good that I started doing it every day. Every morning, I practice yoga with my grandparents to live a healthy life.

Yoga restores balance and calms the body and mind. It helps us release stress and anxiety. It improves immunity, increases flexibility, muscle strength, and tones our bodies. We can achieve a higher level of concentration through yoga and learn how to control our emotions.

After the popularity of yoga, India is well known for yoga worldwide. People all over the world have realized the importance of yoga. The 21st of June is celebrated as the International Day of Yoga. We should make yoga a part of our daily routine to live a happy and healthy life.

Ruben Aswani, Class IV B



Rajkumar College Junior School, Raipur (C.G.)



PUNYA PRADHAN, CLASS I F



ANANT AGRAWAL, CLASS IV F



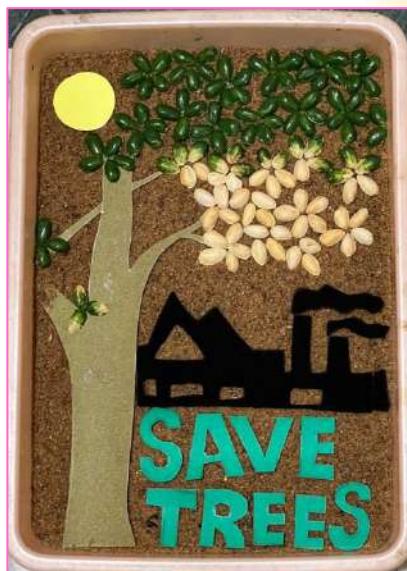
BHAVYA PANJWANI, CLASS I B

Never give up

There was a village named Bhoomipur. In the village, all people lived happily, but there was only one problem: there was very little water. One day, they decided to dig to find water. They dug for two months but didn't find a drop of water. All the villagers quit, except one. He dug more and one day, he suddenly noticed a little bit of water. As soon as he saw water, he got excited and called the villagers to dig more in search of water. All the villagers came and started digging to help him. After some time, they realised that there was water underground. Finally, they dug a well. Everyone praised him.

Jaivant Khetan, Class IV E

VIAAN SUNDRANI, CLASS II G



AARIN ARORA, KG I D



ADHIRAJ SINGHAL, KG II F



ATA SHEIKH ,CLASS V B



AADISH JAIN, CLASS I A



VASISHT PRITHVIRAJ, CLASS III D



AASHVI JAIN, CLASS I E



AARV JAIN, KGII A



ABHIREET DEO SINGH, CLASS 1 C

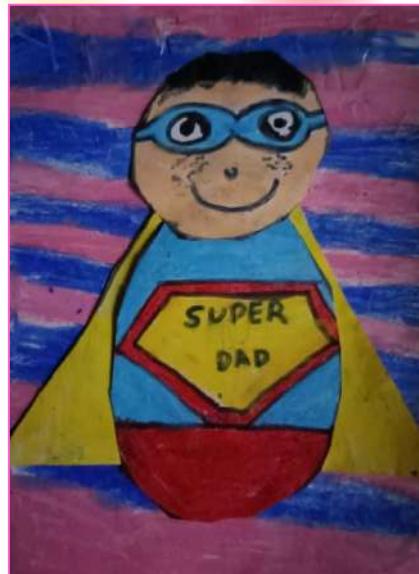
My School

- * The name of my school is Rajkumar College
- * My school is the best school in Raipur city.
- * My school has a big playground, a library, activity rooms, and many classrooms.
- * My school teachers are very kind and helpful to everyone.
- * We study as well as play and learn new activities in school.
- * It is my second home.
- * I love my school.

JOY BAJAJ, CLASS 1 C



TALE REUBEN
KUMAR, KGII B



HANISHKA BAGRODIA,
CLASS 1 C



AISHWARYA JOSHI, NURSERY



PRISHA JAIN, KG I B



ATHAR DHEBAR NURSERY



TANAYA AGRAWAL, CLASS III D

Airplanes

I have travelled on airplanes...
which flew like the birds fly fly fly.
In the white clouds, high high high.
I sat in the seat between my parents.
And saw the world from the windows...
In the night, the stars sparkled.
High in the sky sky sky.
The air hostess got us our snacks...
She was sweet and nice nice nice
I saw movies and played games.
That I liked liked liked.
I want to travel again and see the world from
The plane's windows were flying high, high, high.

Aaryaman Singhania, Class I G

FOOTBALL

While playing football,
We kick and scream.
Starting with a warm-up
We play as a team.
Kicking the ball,
scoring a goal.
Every player plays important role
This game is super fun as a whole.
Aryaveer Agrawal, Class IV D



ESTD. 1882

ERA JAYA



AYAAN KHURANA, CLASS II A



AMARYA AGRAWAL, KG II F



HETANSHI MUDALIAR, CLASS IV E



PRAVEER MAHESHWARI, KG I E

The Cricket

The cricket game is super fun.
Hitting the ball and scoring runs
Playing with friends more than once,
It's my favourite game.
All in one.
I have won many times.
But if you lose wickets,
The game is done.

Atharv Agrawal, , Class III E



NAVYA SHUKLA, CLASS III E



TANMAY VERMA, CLASS III E



NIYA MOZARKAR, CLASS II A



**RASHI KHATWANI
CLASS IV E**

Water Drops

I stare at the stormy clouds in the sky.
I wish they would soon say goodbye.
However, when I look through those untouched drops,
I feel that the whole world just stops.
Pitter-Patter, reflecting reflections.
Sweeping away the thirst and drought
Keeping flowers from shrinking and decaying
Washing away the streets and roads
The aroma of sand gently sways.
I love the way they fall on me.
Water drops are what I see.

Aarav Kedia, Class IV D



**KANAK CHHANGANI
CLASS IV E**

It's riddle time!

- 1-What has teeth but is unable to eat?
- 2-How many months have 28 days?
- 3- What man cannot live inside a house?
- 4-What can you swallow that can also swallow you?
- 5-The more you take away, the bigger I become. Who am I?

Answers: 1-Comb, 2-AII, 3-Snowman, 4-Water, 5-Hole

Aanvi Agrawal , Class I F



ADITRI CHANDRAKAR, CLASS III C



MAIRA KHAN, CLASS III E



Estd. 1882

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Whiz kids of RKC



Samaya Pandey of class V B stood 2nd in state level 2nd Chhattisgarh State Ranking Table Tennis Championship 2022.

Vivan Gupta of Class II G got 2nd position in Late Shri Nandlal Yadav memorial Under 7 chess championship.



Yagya Mukim of Class V D participated in 14th Chhattisgarh Roller Skating Rink district level and got Silver medal in Rink III.

Kavya Singhania played keyboard in Shishak Samaan Samaroh in the memory of Late President Shri Sarvpalli Radhakrishnan ji.





RKC TIMES

Like every year, our school celebrated **Teachers' Day** on September 5 with fervour and zeal. The event was organised by the students of classes XI and XII to acknowledge the dedication and hard work of the teachers. The event commenced at 10 a.m. with the lighting of the lamp and garlanding of the portrait of the great educationist and philosopher Dr. Sarvepalli Radhakrishnan by the Principal, Lt. Col. Avinash Singh, along with Vice Principal, Mr. Shivendra Singh and Junior School Head, Ms. Chitwan Singh. The principal congratulated the teachers and acknowledged their sincere efforts put in every day. He gave a valuable speech on Dr. Radhakrishnan and explained the importance of Teachers' Day. Some students also expressed their gratitude towards the teachers by giving short speeches.





Rajkumar College Junior School, Raipur (C.G.)

An **Inter-Set Chess competition** was organised to provide a platform for students to improve their logical thinking, analytical reasoning, and problem-solving skills. Young budding students from Grades I to V participated in the Inter-Set Chess Competition. It was indeed quite heart-warming to see the children playing their moves like stalwarts, with rapt concentration and a collected demeanour.



RAJVEER AJWANI
CLASS I C
2ND POSITION



SHAVI JAIN ,CLASS I F
1ST POSITION



ADVIK RAJ SHUKLA,
CLASS I
3RD POSITION



VIVAN GUPTA
CLASS II G
2ND POSITION



AKSH CHOPDA, CLASS V D
1ST POSITION



HITANSHI MUDALIAR
CLASS IV E
3RD POSITION

Rajkumar College Junior School, Raipur (C.G.)

An inter-set swimming competition was organised at Nayagadh Swimming Pool in which the stands from four respective sets participated with great excitement and zest. It was a display of beautiful athleticism and sportsmanship as swimmers dove into the inviting water and speedily made their way through the length of the pool. There were moments of breath-taking sporting ability as some swimmers easily outstripped the others in the lanes next to them. The clappers and splashes echoed throughout the swimming pool, with enthusiastic swimmers diving in and climbing out of the pool.



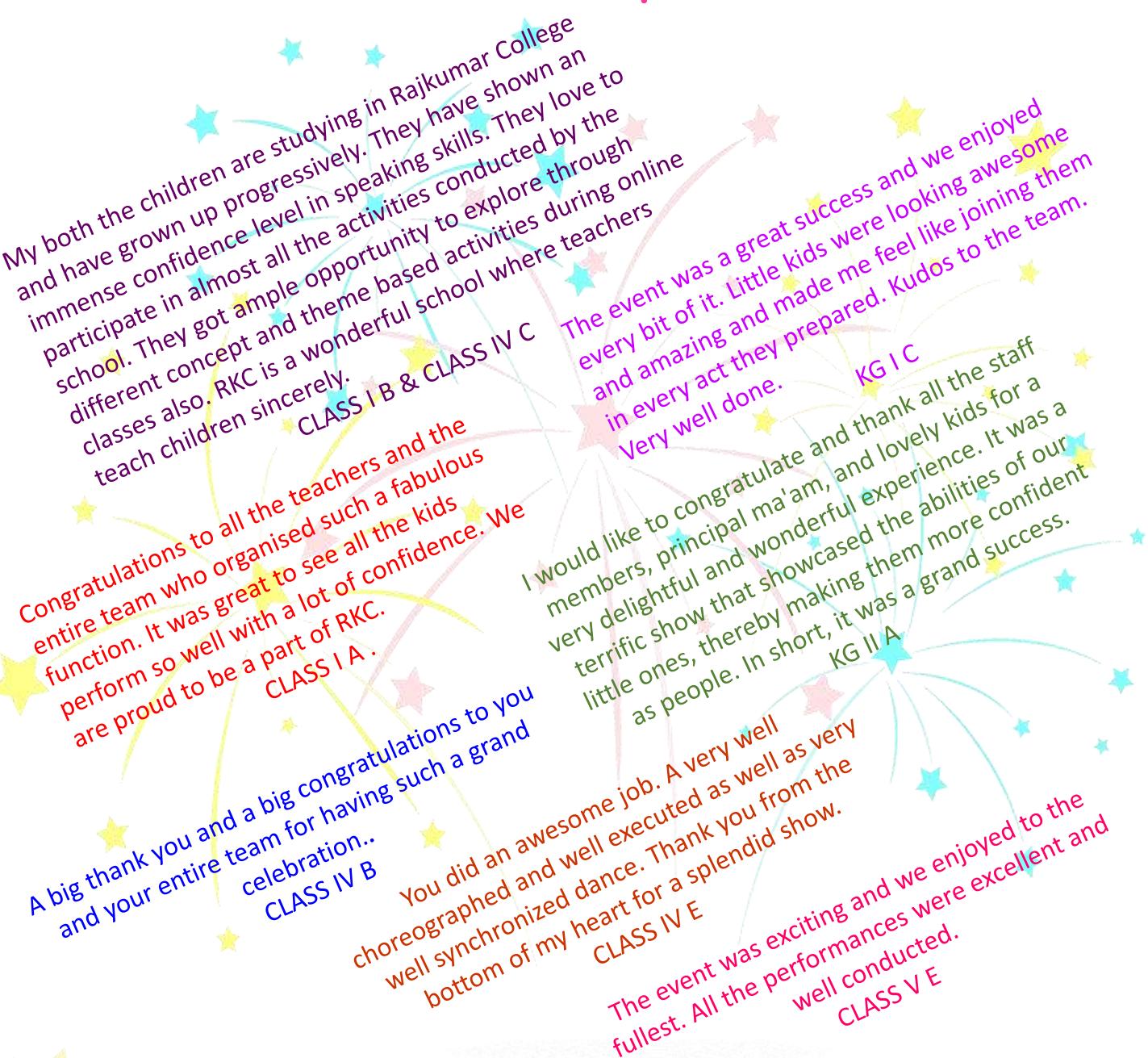
Best Swimmer Junior Boys
Upraj Singh Sando

Best Swimmer Junior Girls
Nitya Bachhawat



Rajkumar College Junior School, Raipur (C.G.)

The Cultural Program of the Junior School was held magnificently in the school at Jashpur Hall. The program presented a marvellous classical performance along with a composed contemporary dance. All the events were so exciting and everyone enjoyed them very much. Here are some **Parents Speaks....**



As we have experienced the very first event for our child at RKC, I would like to share our take away from the event.

1. Firstly, I would appreciate the idea of engaging almost all the students. Surely this engagement will bring more to them than sitting as spectators.
2. School management deserves applause for smooth execution and rigorous participation.
3. Time management is something I wouldn't miss highlighting. Being on time to start or finish shows mere discipline and respect for others' time as well.
4. Sitting was well defined; just entry or passage points could have been a little better. I look forward to upcoming events, wishing all the very best to the RKC family.

BLUEBERRY

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